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Smart Lotionmaking: The Simple Guide To Making Luxurious Lotions, Or How To Make Lotion That's Better Than You Buy And Costs You Less (Smart Soapmaking Book 3)





Synopsis

SPECIAL NOTE! Anne L. Watson will personally answer any question of yours after reading this book. Ask on her web site, and you'll normally hear back within hours! Do you love the feel of a good lotion but find yourself unhappy with the cost, or wary of the chemical ingredients? Do you ever wonder if you could make it for yourself at home? Are you afraid to try because the lotion might not turn out well, or might even be unsafe? Anne L. Watson's "Smart Soapmaking" was the first book based on modern techniques that eliminate the drudgery and guesswork from home soapmaking. Now, by popular demand, she continues her handcraft cosmetics revolution with the first practical, comprehensive book on making lotion from scratch. Whether you want to make lotion for personal use or to sell, Anne allays any fears with methods that are proven safe and approved by experts, yet simple and easy enough to perform in your kitchen. You'll soon be making lotion that's better than any you've been buying, and at a fraction of the cost.

////////// Anne L. Watson is the author of the wildly popular and widely acclaimed beginners book "Smart Soapmaking" and its companions, "Milk Soapmaking" and "Smart Lotionmaking." She has made soap professionally under the company name Soap Tree, and before her retirement was a historic preservation architecture consultant. Anne's other published books include "Baking with Cookie Molds" and several novels. Anne, her husband, Aaron, and their cat, Skeeter, live in Friday Harbor, Washington. ////////// "The definitive guide to lotionmaking." • Donna Puizina, Ekoaromas, Lafayette, New Jersey "Spells out everything and makes it easy to understand." • Cheryl McCoy, Emerald City Soap, Haven, Kansas "Anne makes it so much fun, and so easy." • Mary Jean Hammann, Grandma Jean's Soaps and Lotions, New London, Ohio "So logical and easy to understand that my first batch was a success AND a sell-out!" • Susan Dinion, Holiday Farm & Handmade Goods, Berlin, Massachusetts

////////// CONTENTS A FEW FIRST THOUGHTS LIES AND LOTIONS (Myths About Lotion and Lotionmaking) LOTION LINGO (Learning the Jargon) WHAT IS LOTION, ANYWAY? (What It Is and What Goes Into It) THE TWO WAYS TO SANITIZE LOTION (And How to Choose Between Them) WHAT DO I PUT IT IN? (Choosing Your Bottles) WHAT DO I USE TO MAKE IT? (Gathering the Equipment You Need) STEP-BY-STEP LOTIONMAKING (From Prep to Cleanup and Beyond) TESTING YOUR LOTION (Making Sure It's Safe) MORE RECIPES! (Different Lotions You Can Try) MILK LOTION RECIPES (Treating Your Skin to Milk) DESIGNING

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Book Information

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Customer Reviews

I have been making my own soaps and creams for years now but always like to see what's new. While the recipes in here are very good, there is nothing new if you are experienced at making creams and lotions. If you have never made lotion before, this would be THE book to get. My favorite one is out of print and I have not seen it sold anywhere. This book is strictly for making body lotions. No creams or facial products. If you have ever gone to any lotion crafting websites then you will be familiar with all of the ingredients in here. If this is your first time making lotion, Anne describes everything that you will need and why. That said, you will need a gram scale since they are more accurate and, while the ounces are also given in each recipe, using grams is actually easier. You'll also need to find some e-wax since all but one of the recipes use it. No substitutions

are given. I like to use xanthan gum but it tends to make a sticky product. It also happens to be easier to find locally. Other ingredients that you may need that recipes use are stearic acid, vitamin E, preservative, and conditioning emulsifier, which is also called BTMS. And then there are oils and butters, which should be easy to find. There are a couple of recipes that call for goat's milk and one that uses almond milk. Of course, you could substitute milk for the water in any of the recipes. I made a goat's milk lotion one time and it was incredibly thick. Be aware that adding milk will do that. Getting lotion into bottles presents its own challenge, which Anne is up for. Follow her directions and you will be bottling lotion like a pro. I use wide-mouthed small jars but I don't sell my lotions and creams. Everybody in the house gets their own jar. If you want to make your own recipes, Anne covers that in detail. She also tells you what to do if you want to start your own lotion-making business. And there is a trouble-shooting section. Finally, there is a list of suppliers in the back, which includes suppliers in several other countries besides the US. These are the most popular ones. If you want to make all-purpose body lotions, get this book. You truly will be making anything better than what you will find in a store.

This is a fantastic book on making your own lotion from The Smart Soapmaking Lady. We discovered her Smart Soapmaking and Smart Milk Soapmaking books several years ago. We love making our own soap and all of our family and friends are impressed and delighted when we give them our soap. Smart Lotionmaking is every bit as good. I would say that sometimes her directions and layout are a bit confusing, but it is worth putting in the effort to figure it out because the content is pure gold. You can customize your lotion and make lotion--heavier, lighter, customized oil, scented or unscented. I find it to be relaxing to go into my kitchen to play mad scientist lotionista.

This book goes into detail of the process of making lotion for personal use and for commercial selling. It goes into more information than I really wanted to know and felt it would be more useful for making lotion in your home for commercial selling. She uses the terminology of personal technique and pro technique and shows each. I personally felt it was more in tune with Pro Technique for commercial selling. For me too much information.

This book covers just about everything I could think of. Recipes, step by step directions, what oils to use, what lotions are good for what, frequently asked questions, testing your lotion, myths and probably more than I can't think of. Oh it even covers equipment needed and sanitizing! It's easy to read and follow. I love this book and can't wait to make lotion. FYI - I have bought other books by

this author and loved every one.

If you're like me, you're inquisitive about the 'what-is-it' question: what makes a lotion recognizable as such? When is a lotion a cream or an ointment? Why use THIS ingredient instead of THAT ingredient? What's the basic chemistry? Which steps are de rigueur and which are a matter of fastidiousness or mere taste? Why does one do this step before another step, etc.? I tried my first recipe from this book -- the first one -- today, adding my own ingredients (rosewater and aloe vera instead of distilled water). This is my second homemade lotion, and it seems a lovely success. The book is an excellent addition to my DIY shelves, though I confess I have not worked through all of it yet (I have it in the Kindle edition, which on my version of Paperwhite is harder to see as a totality and at a glance). I appreciate the explanations about phases of lotion-making and the overview of why things are done in the order they are, and so on, very much. I do think the author, for understandable reasons, makes very heavy weather of the sanitary aspects of lotion-making, when it really is much more like cooking for yourself if you are not planning to sell your lotions in this litigious (and anti-common-sense) society of ours. But authors of this sort of book are put in a difficult position: they want home experimenters to feel free and not to be burdened by bureaucratic nonsense and by the chance-in-a-million misfortune, but they HAVE to cover themselves (see 'litigious society'). In a saner age, writers such as Ms Watson could just state what they know and what research and experience tell them (Watson even consulted a microbiologist). But she clearly is an expert on lotionmaking, and I'm glad I bought the book.

Great book for the beginner. There is quite a bit of information given which is easy to read and understand. There are a variety of good recipes for lotions, body butters and scrubs and I was impressed that preservatives are recommended as many of the other books I've purchased do not include the use of preservatives.

This book is very well laid out and has lots of useful information. The author gives you all the info you will need to get started. On a personal note, I would really like to thank the author for her fast response to my email. I am blind's, so before purchasing the book I wanted to make sure that it was text-to-speech enabled. I contacted the author through email and she got the info for me very quickly.

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